

PARENT EDUCATION NIGHT



WASHINGTON COUNTY SCHOOL DISTRICT

Upcoming 2026-27 events Open
to ALL parents, Pre-K to 12th
Starts at 6:30 pm

09 SEP

Heritage
Elementary

Parent Information Night: Student Body Safety Lessons. Please join us for an informational parent session to learn about the upcoming body safety lessons taught by our school counselors. Grades K–2 will cover body safety, spotting "uh-oh" feelings, and identifying trusted adults, while Grades 3–6 will learn about body ownership, the 5 types of abuse, and how to report abuse. Please join us so you know what will be taught and how to keep the conversation going at home! **Presenter: Paige Barnson, Prevent Child Abuse**

15 SEP

Snow
Canyon
High School

Unplugged and Unstuck - How to Help Your Teen Live Beyond the Screen: Join us for a straight talk session about what's really going on behind your teen's screens, and get practical tools you can use to build a screen-balanced home - without the daily arguments. **Presenter: Talmage Erickson, AKA "The Screen Guy," author, speaker, and digital wellness expert**

10 OCT

Sandstone
Elementary

Getting Unstuck: Moving From Escalation to Collaboration

Explore how ADHD can impact executive functioning, emotional response, and a child's reactions to everyday demands. Gain insight into what is contributing to the escalation cycle. Learn helpful approaches aimed at reducing conflict, supporting regulation, and increasing connection. **Presenter: Kelsey Atkinson, LCSW, Zest for Life Counseling**

10 NOV

Dixie High
School

Practical Tools & Trends for Raising Thriving Teens. Navigating the preteen and teen years brings unique challenges, from mental health shifts to online pressures and risky behaviors. Join us for an empowering parent workshop featuring research-backed strategies from the Guiding Good Choices program. You'll gain practical tools to spot early warning signs, strengthen family communication, and keep your teen safe and supported. **Presenter: Pamela Holiday & Abigail Stallworth, Prevention Services, Southwest Behavior**

9 FEB

Pine View
High

Raising Resilient Kids: Data, Science & Solutions: This presentation will share the most recent data with parents about what Washington County youth say about the struggles they face with drug use, mental health, and suicide, as well as simple tools and strategies parents can use to prevent drug use and mental illness. **Presenter: Logan, a Prevention Specialist and Director, Health & Human Services & Southwest Behavioral Health Center**

13 APR

Panorama
Elementary

Emotional Regulation at Home: Manage Big Feelings and Build Resilience: Parents will learn practical, evidence-based DBT and mindfulness strategies to help children regulate intense emotions, de-escalate conflict, and build resilience while maintaining strong connection and healthy boundaries at home. **Presenter: Dr. Brad Simpson, DSW, LCSW, founder of 3rd Wave Counseling and Consulting.**